

# American Association for Women Dentists



## Club Purpose:

Our goal is to advance, connect, and enrich the diverse lives of women dentists. We also hope our message reaches the women and children within our local community while providing the necessary support they deserve.

## Notable Events:

### Mental Health Awareness Month - SEPTEMBER

- Mental health speakers
- Yoga in the Park

### Breast Cancer Awareness Month - OCTOBER

- Raise money for breast cancer research at Roswell Park

### Lunch & Learn

- Women in dentistry share their personal experiences dealing with various struggles in life
  - Pregnancy in the dental office
  - Owning a practice
  - Work/life Balance
  - Sexual Harassment

### Mentorship

- Visit local schools to teach children about the importance of dental hygiene and inspire many to strive towards dentistry in adulthood
- Girl Scouts

### Outreach

- Collaborate with other clubs for opportunities to spread information on dental hygiene

## How to Join:

We will be hosting an election early Fall semester. We have quite a few positions opening up so stay tuned!!!

## E-Board:

**President** - Valerie Shlimov  
**President-elect**  
**Secretary**  
**Outreach Coordinator**  
**Social Media Chair**  
**Treasurer** - Olivia Longhouse  
**Fundraising Chair**

